

How The Dog Mentor supports your child with Autism

The Dog Mentor Programme supports children with autism in many ways. It assists them to gain a more secure understanding of their feelings and provides them with a range of strategies to help them to better regulate their emotions. It explores ways to improve a child's communication skills by teaching them how to recognise the various forms of communication, including body language.

How The Dog Mentor Programme supports your child with Punctuality and Attendance

The Dog Mentor Programme supports your child with punctuality and attendance in the following ways:

- Improving bedtime routines
- Understanding the importance of regular attendance
- Improving organisational skills
- Providing children with opportunities to work with The Dog Mentor regularly
- Socialisation
- Improving relationships and friendships
- Learning how to take turns
- Improving their communication and learning to understand the communication of others

Education & Curricular Benefits of having The Dog



The Dog Mentor Programme supports your child's education in many ways. Firstly it provides your child with the opportunity to work alongside The Dog Mentor in lessons to improve their concentration and engagement. The programme supports teaching and learning with a wide range of curriculum resources for all subject areas. The Dog Mentors also provide learners with an 'authentic audience' - meaning children have a real-life purpose as an outcome of their learning.

How The Dog Mentor Supports Your Child With Dietary Need's & Nutrition

The Dog Mentor Programme is designed to assist with enhancing your child's nutrition by addressing sensory challenges related to food. The programme helps children build confidence in trying new foods, ultimately expanding their palate. As children participate in the programme, they gain knowledge about their sense of taste and smell.

How The Dog Mentor Supports Your Child With Attention & Behavioural 🐾 Difficulties 🐾

Attention issues and disorders are most commonly associated with Attention Deficit Hyperactivity Disorder (ADHD), but they can also be caused by other things, including anxiety, depression, learning disorders, sensory problems and trauma. Studies have shown the presence of a trained dog has helped:

- Increase children's attention and concentration performance
- Offer a non-judgmental companion
- Encourage social interaction
- Establish routines
- Decrease stress
- Provide healthy distractions

How The Dog Mentor Supports Your Child With Social Interaction & Relationships

Working with a dog provides children with the opportunity to develop a unique experience whereby they can return empathy, learn to share and understand the impact and importance of considering the needs of the dog before their own. By creating trust through their relationship with the dog, they develop the skills to help towards building better relationships with peers and adults.